



MISSION ARLINGTON

july 15 - 19

Schedule

TIME:	MON.	TUES.	WED.	THURS.	FRI.
7:00 AM		Wake up!!! Get ready. Breakfast.			
8:00 AM	Leave for Texas!	Mission Projects	Mission Projects	Mission Projects	Head Home.
9:00 AM	-	-	-	-	-
10:00 AM	-	-	-	-	-
11:00 AM	-	-	-	-	-
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	-	-	-	-	-
2:00 PM	-	-	-	-	-
3:00 PM	-	-	-	-	-
4:00 PM	-	-	-	-	-
5:00 PM	-	Return to Housing	Return to Housing	Return to Housing	-
6:00 PM	Supper	Get Ready for Rangers Game!			Supper
7:00 PM	-	Rangers vs DBacks.	Worship Service.	Meet with the Bakers.	-
8:00 PM	Arrive in Arlington TX.	-			-
9:00 PM	-	-			-
10:00 PM	-	-			-
11:00 PM	Lights Out.	Lights Out.	Lights Out.	Lights Out.	-
12am -7am	Sleep	Sleep	Sleep	Sleep	Sleep

Packing List

1. Bible: keep it with you all the time. It will be your most important lifeline for the week.
2. Sleeping bag or other bedroll
3. Air mattress or other cot (nothing bigger than twin size)
4. Towels, washcloths, toiletries
5. Clothing: see dress code on the next page. Bring plenty of comfortable clothing and be ready for Texas summer weather, which means temperatures of 95 degrees or above. Note—if you choose to dress in something that does not fit with our dress code, a Mission Arlington staff member will ask you to change before you begin your day's assignments. This only slows down your group and gives you less time to effectively minister during the day. So, please stick to the dress code.
6. A daily backpack: (This optional suggestion is borrowed from some of our groups, and it has worked great for them.) Bring a backpack with any or all of the following items:
 7. Extra Bibles to give away
 8. Small, basic first aid kit
 9. Trash bags for cleaning up while you are at Rainbow Express
 10. Water bottle (very good idea)
 11. Candy or small prizes to give away
 12. Extra activities to do with the children and youth that match up with your skills. Whether it's a hacky sack or extra coloring utensils, what hobby or talent do you have that you can share with the children you are ministering to on mission trip?

Dress Code

Mission Arlington's dress code is very basic. We ask all participants to dress modestly, comfortably, and in something where they are ready to work. Casual dress is fine all week long, Sunday included. Here are a few specific requests we make of all groups:

- Shorts are fine all week long. Please no short shorts.
- Footwear is up to you, but because we do so much work and active play outside we recommend tennis shoes over flip-flops.
- Please remember that there are certain things you might wear at home working outside in the heat but that may not be the right image for knocking on doors and asking parents to let their children go with you. Because of this, please follow these additional guidelines all week long:
 - T-shirts are great to wear, but please no tank tops or any other kinds of sleeveless shirts.
 - Baseball caps are fine, but please wear forward at all times. Do not wear bandanas or any other type of head gear. (Winter headgear is okay if it's cold.)

Conduct Guidelines

- Be focused on the most important thing: Mission work is full of surprises. God has a specific plan for you, and for the many lives He will use you to touch. The best preparation for this experience is spiritual. Keep reading your Bible daily, both before you come, and while you are here. Make sure you keep your quiet time with the Lord as a firm commitment. Don't miss your moments with Him.
- Let's be good stewards together: All of Mission Arlington's facilities are donated to us. Any money that goes into repairs and maintenance is less money we can use in our assistance programs. So, let's be good stewards of what the Lord has given us. There is no house-keeping staff. So, help clean up spills, take out trash, and generally be clean and neat. (For example, don't use sidewalk chalk at Rainbow Express. It leaves work for apartment staff to wash it off.)
- Help us present a good image to everyone that may come through your activities or facilities and maintain a good relationship and a positive witness with the neighbors around your activities or facilities.
- Make sure that your noise level is under control. Do not play loud music, stay up too late at your accommodations, etc. Help us be a good picture of Christ to those around you.
- Be sensitive to other people's needs. Be courteous and grateful everywhere you go. It is especially crucial that you control the noise level where you are staying. We cannot have loud music, parties, outside games, etc. We want everywhere to be our mission field, and that includes where you sleep at night.